



255 € p.p.

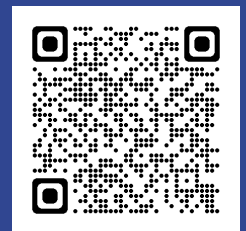
Included: full board
accommodation
in sports hotel

I Like To Move It

Sun-Fri 3-8 September 2023

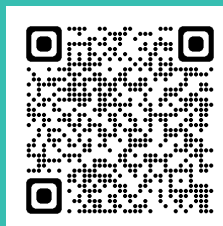
Sport Vlaanderen centrum

Herentals, Belgium



 **G-sport**
Vlaanderen





I Like To Move It

11th edition of our international sports event!

A week full of sports including competition and initiation in a range of different sports. Keywords: friendship, fun, fairplay, challenge.

Who's invited:

- This event is organised for (young) adults with mental health problems and their nurses
- From Belgium and abroad

Accommodation:

- Beautiful sports hotel in a green area
- Full board accommodation from Sunday evening until Friday afternoon
- 2/3/4-person room; 1-person room possible at an extra cost of 40 € p.p. (if available).

Programme:

- Competition in netball, volleyball, indoor soccer, table tennis and badminton
- Initiation in a variety of sports: kayak, padel, archery, martial arts, mountainbike, ...
- Evening programme + farewell party on Thursday

Entry fee:

- 255 € p.p.
- Included: full board accommodation + all activities on the programme
- Not included: activities outside the programme, transport to and from the venue, insurance
- You will receive an invoice after the event

Info & registration: Thomas Botterman / +32 9 243 11 79

gsportvlaanderen.be/activiteiten/i-like-to-move-it-2023-EN

Online registration before **May 31**.

